

International Ear and hearing care day

Date: 3rd March 2012

Introduction:

“Blindness separates us from things but deafness separates us from people.”- Hellen Keller.

“Deafness is a much worse misfortune. For it means the loss of the most vital stimulus-- the sound of the voice that brings language, sets thoughts astir, and keeps us in the intellectual company of man.” Hellen Keller.

International Day for Ear and hearing care aims to raise awareness and promotes community-based activities for ear and hearing health. Hearing loss is the most prevalent sensory disability globally. Over 275 million persons in the world are deaf or hearing impaired.

International Ear and Hearing Care day was celebrated on 3rd March 2012 at Maulana Azad Medical College in collaboration with Department of Community Medicine.

Activities at the institution (M.A.M.C, New Delhi, India):

Exhibition- Posters highlighted the theme depicting common ear related problems as well precautions to be taken regarding ear care were made by the Health education Unit under the supervision of Miss Nirmata, Dr Suneela Garg and Dr G K Ingle and displayed in the main building Maulana Azad Medical College. A Beautiful Rangoli was made by Miss Kriti Gulati and Mrs Indu Arora. The Exhibition was viewed widely by the staff, students and faculty of Maulana Azad Medical College and was also open for general public.

Activities in the Community (Delhi Gate, Health Center, New Delhi, India):

Officer Incharge- Dr Suneela Garg, Dr Nandini Sharma, Miss Nirmata,

Facilitators- Dr Ankur Garg, Mrs Renuka Saha, Dr Bratati Bannerjee, Miss Kriti Gulati, Mrs Indu Arora, Mrs Janki Mehta, Mrs Vijiya

Participants- 100 community members

Short play- A short play was prepared and presented by doctors of Maulana Azad Medical college in Delhi Gate Health center to educate the community regarding common ear related problems and the best possible treatment options. The play brought forward the basic perception

people have regarding the ear problems such as Ear discharge, congenital and acquired deafness. With the help of the short play the doctors were able to make the people of the community aware, not to take ear problems lightly and to seek appropriate health care.

Health talks- Doctors of Maulana Azad Medical College gave health talks regarding possible cause of ear problems and precautions one can take to prevent ear related problems. They also emphasized on the Do's and Don'ts related to ear care.

Quiz- A quiz was organized with the aim to understand how much the people of the community had comprehended. Questions were asked and a prize was given to whoever gave the right answer. The community actively participated in the quiz. 15 people gave correct answers to the questions asked for which they were rewarded.

Questions- The last segment was open for people to ask any questions that they may have regarding the information they have got today.

Refreshments were served to the community members.

Activities at Government Medical College, Chandigarh:

Dr A. K Agarwal, Dean MAMC and nodal officer NPPCD, India, inaugurated cochlear implant center at Government Medical College Chandigarh, India.

Activities at Barwala Health Center, Delhi:

Office Incharge: Dr Suneela Garg, Miss Mirmata

Facilitators: Dr Nishant, Miss Kriti Gulati, Mrs Janki Mehta

Participants: 150 community members.

Short Plays: Two short plays were prepared and presented in front of the community members to educate the community regarding common ear related problems, precautions and the best possible treatment options. One of the plays was performed by the Doctors and the other by the nursing students of Maulana Azad Medical College. The plays highlighted the common ear problems seen in the community and the harmful effects of trying home remedies or getting unprofessional help such as getting ears cleaned by the local ear cleaners.

Health Talk: A short health talk was delivered by Mrs Janki Mehta on Do's and Don'ts related to ear and hearing care.

Quiz: The community members of Barwala actively participated in the Quiz organized by the Doctors of Maulana Azad Medical College regarding the information on ear and hearing care they had received today. The response of the community was excellent and people who gave the right answers were rewarded.

Light refreshments were served to the community members.